

Placenta Encapsulation Agreement and Booking Form

Please take a few minutes to read this agreement in full. Once you complete and return this form please allow 48 hours for confirmation of receipt, an invoice will also be sent to you at this time.

If you haven't heard from me within 48 hours, please contact me by email on tamdoula@gmail.com or phone on 0499320029

Placenta encapsulation is the process of preparing the mother's placenta after the birth of her baby(ies) (by separating the membranes and umbilical cord from the placenta and rinsing and draining maternal and foetal blood) and dehydrating it, it is then ground and placed into capsules for the mother to ingest as she sees fit. The ingestion of the placenta is known as "placentophagy."

The purpose of placentophagy by the mother is to reintroduce the beneficial vitamins, minerals, hormones, proteins, and other nutrients to her body following labour and birth to help restore a more balanced body function, prevent "baby blues" and the more serious postpartum depression, increase breast-milk production, shorten healing time, increase maternal energy levels, and provide an over-all feeling of wellness to aid in the transition between pregnancy and the early postpartum period in the woman who has just given birth.

Limitations & Disclaimer

Belly Power – Doula Services is not a licensed medical professional and therefore I am not able to diagnose, treat or prescribe for any health condition. Services and fees are for the preparation and encapsulation of your placenta, not for the sale of the pills. No specific benefits or effects are promised. Any benefits will vary from person to person. Some of the ascribed benefits of placenta consumption are supported by research; however these benefits have not been evaluated or approved by any health authority. It is your responsibility to determine whether using placenta preparations may be of benefit to you.

Always speak to your care provider regarding any questions about your health, safety and wellbeing. Placenta services are not meant to be a replacement for medical advice or prescription medicines. If you are experiencing symptoms of postpartum depression, low milk supply, or other medical concerns please speak to your midwife or doctor.

By Signing each page you are confirming that you have read all of the information above and are agreeing to any terms laid out.

Sign:

Date:

Client Responsibility

It is the client's responsibility to notify Belly Power as soon after the birth as possible (preferably the same-day as the birth itself) to request pick-up or receipt of the placenta(s) by Belly Power at the location previously agreed upon by both parties.

**Please call or text between the hours of 8am – 8pm. Details of turnaround times will be given when booking is made as this varies depending on place of birth.

Failure to do so may result in delayed placenta preparation and encapsulation and may cause decreased potency of nutrients, hormones, and other beneficial attributes of the placenta(s), and even spoilage of the placenta(s) which would render it unusable for encapsulation.

It is also the client's responsibility to discuss the release of her placenta(s) after her birth from the establishment where she will be birthing and to ensure proper storage of her placenta(s) in a refrigerator or cooler with the placenta(s) placed on ice until it can be picked up or delivered to Belly Power for preparation and encapsulation.

** Your placenta must not be treated with alcohol, formalin, or any other preservative.

Storage and Transportation

Your placenta may be kept at room temperature for 2-3 hours. After that it should be refrigerated or otherwise kept cool. If lotus birth is being practiced, ice packs can be wrapped around the placenta to prevent spoilage. If it is going to be more than 3 or 4 days before the placenta can be prepared it should be frozen. A frozen placenta may require an extra one or two days of preparation time to allow for gentle thawing.

Your placenta should be prepared for transport by placing it in two freezer-strength zipper storage bags, or in an airtight container i.e.; clean plastic or Tupperware container, and then into a cooler with icepacks or into a refrigerator.

It is important to note that there may be circumstances under which your placenta can not be used. Significant abnormalities of the placenta may necessitate your doctor or midwife sending your placenta to Pathology for further examination. Other conditions, such as signs of infection during labour, may mean that consuming your placenta will not be beneficial to you. If in doubt we will consult with you before proceeding. It should be possible to claim your placenta after Caesarean surgery. If you are not able to obtain and use your placenta for any reason, we will return your deposit.

** Please let us know if you have any health concerns which may affect the health of your placenta or the health and safety of anyone who may come into contact with your placenta.

By Signing each page you are confirming that you have read all of the information above and are agreeing to any terms laid out.

Sign:

Date:

Fees

The fee for Placenta Encapsulation is \$250.

Fees above include the preparation and encapsulation of the placenta, a storage container, written instructions for storage and handling, and guidelines for taking your capsules.

A deposit of \$50 is requested upon signing this contract, with the balance payable on capsule delivery/pickup time.

Payment information will be provided when booking is made.

Refunds

In the event your placenta is unavailable to you (e.g. sent to Pathology and not released) or if you change your mind and choose to terminate this contract prior to releasing your placenta, any fees paid including the deposit will be refunded in full.

If you choose to terminate this contract less than four weeks before your Estimated Due Date or after releasing your placenta, but before any preparation has begun, your placenta will be returned to you for disposal. Your \$50 deposit will be retained, but any other portion of the fees you have paid will be returned, if you have not paid you will not be liable for any further payment.

There will be no refund and payment will be due in full once preparation has begun, even if you choose not to take delivery of the finished capsules.

**** Please remember that I am also a birth doula and on-call. In the event that I am with clients when you call, there may be a delay of 24 hours or more in preparing your placenta.**

By Signing each page you are confirming that you have read all of the information above and are agreeing to any terms laid out.

Sign:

Date:

Personal Information

Mothers Name:

Fathers Name:

Address:

Phone No: _____ Other: _____

Email Address:

Estimated Due Date: _____

How did you hear about Placenta Encapsulation?

Chosen place of birth?

Have you made your wishes about the handling and removal of your placenta clear to your primary care giver?

Do you have a Doula? If so who?

(It is sometimes possible for the doula to hand over the placenta)

Are you aware if you are carrying any transmittable diseases?

(If so further discussion will be required to ascertain as to if encapsulation is recommended).

Have there been any other medical issues or complications during the pregnancy? If you answer yes please give details:

By Signing each page you are confirming that you have read all of the information above and are agreeing to any terms laid out.

Sign:

Date: